

Penjoly's Breakfast Menu

We would like to welcome you to
Penjoly's Breakfast Room

Do please make yourself comfortable by choosing a table of your choice and help yourself from a freshly prepared selection of the following:

Delicious freshly prepared homemade seasonal fresh fruit platter

A wide selection of fresh fruits

A selection of flavoured yogurts or natural Greek yogurt

A substantial selection of branded cereals and cereal bars

Homemade muesli

Prunes in syrup

Grapefruit segments in syrup

Summer fruits compote

A selection of quality fruit juices

Ice water with lemon

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Your order will be taken once are seated and have had time to digest the menu at your leisure.

At Penjoly our delicious breakfasts are cooked fresh to order and at times this can result in a short delay and your patience and understanding would be sincerely appreciated.

Please do not hesitate to ask if you wish to order a combination of the menu, were possible we will try to accommodate your request subject to availability.

Our breakfast menu varies by season and depending on availability of produce, however there is always something to suit every palate

From time to time we do a "Breakfast Special" – see the reception desk for details when available

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We offer you a choice for your main breakfast course:

Penjoly's Full English breakfast (Maxi)

Two rashers of Cornish back bacon, two sausages, and fresh oven baked tomato, fresh mushrooms, hash brown and a free range fried egg.

Penjoly's Full English breakfast (Mini)

One rasher of Cornish back bacon, one sausage, fresh oven baked tomato, hash brown, fresh mushrooms and a free range fried egg

Penjoly's Vegetarian Breakfast

Free range fried egg or scrambled, vegetarian sausage; fresh oven baked tomato, fresh mushrooms, and hash brown and baked beans

Alternatively for the lighter appetite we offer the following:

Bacon and mushroom tower

Slices of back bacon served on white, wholemeal, or granary toast topped with fresh mushrooms, a circle of toast topped with slices of fresh tomatoes.

Breakfast Stack

Toasted buttered muffin with back bacon or sausage and topped with a fried egg and garnished with freshly sliced tomato.

Smoked salmon and scrambled egg.

Toasted buttered muffin with softly scrambled eggs served with delicious smoked salmon on the side and a wedge of lemon.

Scrambled Eggs

Free range softy scrambled eggs served with white, wholemeal or granary toast and fresh oven baked tomato

or

Fresh slices of tomatoes served on white, wholemeal or granary toast:

or

Fresh mushrooms served on white, wholemeal or granary toast:

We offer a choice of white, wholemeal or granary toast or a mixed basket served with homemade marmalade and selection of homemade preserves

Choose from a pot of traditional breakfast tea, coffee or hot chocolate
Please feel free to request filter or decaffeinated coffee served in a Cafetiere,
Decaffeinated tea, coffee or a selections of fruit and herbal, or specialist teas
are available on request.

Goat, Soya skimmed and Semi skimmed milk is available on request.

Fresh and local produce are used wherever possible including freshly picked tomatoes from our greenhouse when in season.